

Breakfast at The Old Chapel

Served from 8.30 to 9.15am

A selection of fruit juices, prunes, grapefruit, cereals and yoghurt

The Old Chapel *[Trencherman's Breakfast](#) consisting of:
2 pork sausages and 2 slices of beech smoked dry cure back bacon
from Liddicoats butchers, Lostwithiel;
2 free range eggs; hogs pudding from Kittows, St Austell and
finest black pudding from Celtic Fish & Game, St Ives
with tomatoes, mushrooms fried potatoes and Branston beans.
Alternatively choose from any of the above for a smaller breakfast

[Or how about something different?](#)

Scrambled eggs with smoked salmon
Develled lamb's kidneys with smoked bacon (24 hrs notice)
Un-dyed smoked haddock from Cornish Smokeries with poached
egg (24 hrs notice & £2.50 supplement)
The Terry-Thomas (Gentleman's relish on hot buttered toast and
topped with scrambled egg and dusted with paprika)
Uitsmijter (from Holland - fried egg with Edam cheese on toast
with ham)

[Vegetarian specialities](#)

A large field mushroom with scrambled egg
Vegetarian trencherman's (as above without meat)
Toasted muffins topped with a melted combination of Davidstowe
cheddar, apple, sultanas & cinnamon
"Eggy" fried bread
Houby s Vejci (from the Czech Republic - scrambled egg and
mushrooms with caraway seeds)
Uitsmijter (without ham)

Please help yourself to toast with home made marmalade, jam or
Cornish honey, with butter from Trewithen Dairy, Lostwithiel,
and let us know if you would like tea or coffee. We hope you enjoy
your breakfast!

*Trencherman: (n) "a hearty eater".